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Four Ways Commuting in the DC Region Has Changed Over the Last Three Years

WASHINGTON, D.C. – Today, COG Commuter Connections staff will brief the [Transportation Planning Board](#) about the results of its *2016 State of the Commute Survey*, which looks at regional commuting behaviors such as transportation modes like telecommuting and public transit, and distance traveled, as well as attitudes about commutes.

According to the survey, here are the four main ways that commuting in the D.C. region has changed since the last report in 2013:

- **Commuters are driving alone less.** The share of commuters who drive alone dropped from 65.8 percent in 2013 to 61 percent in 2016.
- **More commuters are teleworking and taking public transit.** In 2016, 32 percent of commuters reported working remotely or from home at least occasionally, which is up from 27 percent in 2013. About 20 percent of commuters reported taking a train or bus to get to work, up from about 17 percent three years ago.
- **Average commutes are longer.** In 2016, the average one-way commute distance is 17.3 miles and the average one-way commute time is 39 minutes. In 2013, the average one-way commute distance was 16 miles and the average one-way commute time was 36 minutes.
- **Metrorail riders are less satisfied with their commutes and bicyclists and walkers are more satisfied with their commutes.** Metrorail riders had the lowest satisfaction of any travel mode, with a 48 percent satisfaction rate in 2016, which is down from 67 percent three years ago. People who walk or bike were the most satisfied with their commutes with a satisfaction rate of 97 percent in 2016, growing from 93 percent in 2013.

Read more about the survey [here](#).

If you are interested in speaking with Commuter Connections Director Nicholas Ramfos regarding the survey, please contact: Laura Ambrosio at lambrosio@mwcoq.org, (202) 962-3278.

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The Transportation Planning Board at COG is the regional transportation planning organization for the Washington region. It includes local governments, state transportation agencies, the Washington Metropolitan Area Transit Authority (WMATA), and members of the Maryland and Virginia General Assemblies.

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www.mwcog.org*